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CREDIBLE

Behavioral Health Software



Clinical News & Information - January 2018

DEAR CREDIBLE,

2017 was an exciting year for Credible's Clinical users. Our Tech team launched several major initiatives supporting new clinical directions, and rolled out enhancements to many of Credible's clinical functions built around Partner feedback and evolving clinical needs. Here are a few highlights:

eMAR 2.0: Additional flexibility was worked into the new eMAR module, including titration, varied dosages, integration with visits and billing, and improved workflows.

EPCS: Credible eRx was expanded with the ability send prescriptions for controlled and dangerous substances electronically.

Integrated Primary Care: This major Credible initiative launched its first phase, which includes discharge summaries, grouping programs into "dimensions of care," and bundling visits into encounters.

Meaningful Use Stage 3 Certification: Achieving this essential certification was a major undertaking, requiring a cumulative 5,586 hours of support from the Product, Tech, and Corporate teams.

Orders 2.0: The Physician's Orders system was completely reworked based on Partner feedback, with standardized order types for better reporting

These are just a few of the enhancements and updates Credible released for clinical functions in 2017, and 2018 is going to be even bigger!

Clinical Behavioral Health News

In our January newsletter, you'll find news and information of interest to behavioral health clinicians. You can find a copy of this newsletter – along with our payer and billing newsletters, health care industry news, and product release notes – in Credible Help under General Information > Release Notes and Communications.

Federal Policies Impacting Behavioral Health

[SAMHSA issues final rule updating substance abuse confidentiality regulations](#)

The Substance Abuse and Mental Health Services Administration (SAMHSA) has finalized proposed changes to the Confidentiality of Substance Use Disorder Patient Records regulation, 42 CFR Part 2, aimed at supporting payment and health care operations activities while protecting the confidentiality of patients. The finalized rule was posted to the Federal Register on 1/3/2018, where it is available for review, and builds on changes made last year. Last January, SAMHSA updated rules by allowing patients to provide a general disclosure for substance abuse information, rather than limited authorization to a specific provider.

[Federal Register](#) (PDF) & [Healthcare-informatics.com](#)



FEDERAL REGISTER
The Daily Journal of the United States Government

[Interdepartmental Serious Mental Illness Coordinating Committee \(ISMICC\)](#)

The ISMICC reports to Congress and federal agencies on issues related to serious mental illness (SMI) and serious emotional disturbance (SED). Members discussed the recommendations in their first Report to Congress that individuals with serious mental illness need to be kept out of emergency rooms and jails, and require increased access to quality care.

[ISMICC](#), [Executive Summary](#), & [Full Report](#)

Mental Health Industry News

[Aid social skills for those with schizophrenia](#)



Researchers have found support for a new therapy for young people suffering from schizophrenia. *Social recovery therapy* helps individuals reconnect and engage with the world around them. Investigators explain that this helps severely withdrawn

individuals to identify personally meaningful goals and to set up achievable day-to-day activities — actions which significantly increase their amount of social interaction.

[PsychCentral](#)

The cumulative probability of arrest by age 28

A new Cornell University study has found that people with emotional, physical, cognitive, or sensory disabilities were nearly 44% more likely to be arrested by age 28. This "disability penalty" was strongest for African-American men. Black men with disabilities were at particularly high risk of arrest: 55% had been arrested by age 28. In contrast, 27.5 percent of whites in the study who had no disability had been arrested by that age, the study found.

[Psych Central](#) & [American Journal of Public Health](#)



Treatment Interventions

Gaming disorder is defined in the draft ICD-11

The 11th International Classification of Diseases (ICD) will include the condition "gaming disorder." The draft document describes it as a pattern of persistent or recurrent gaming behavior so severe that it takes "precedence over other life interests." Some countries had already identified it as a major public health issue. Many have private addiction clinics to "treat" the condition.

[WHO.int](#) & [BBC News](#)



Suicidal thoughts rapidly reduced with ketamine

This study shows that ketamine offers promise as a rapidly acting treatment for reducing suicidal thoughts in patients with depression. Additional research to evaluate ketamine's antidepressant and anti-suicidal effects may pave the way for the development of new antidepressant medications that are faster acting and have the potential to help individuals who do not respond to currently available treatments.

[Columbia University Department of Psychiatry](#)

Lithium for severe depression

Based upon a study of all 123,712 patients hospitalized for severe unipolar depression in Finland during 1987-2012, lithium was the medication that most effectively kept patients from returning to the hospital. It appears to be more effective when used without antidepressants than when used with them. Also, antipsychotics seem to be more effective than SSRIs.

[Clinical Psychiatry News](#)



A psychology of the human brain-gut-microbiome axis

The brain and digestive system are linked so closely that many experts say it should be viewed as one system. The gut is often referred to as "the second brain," and contents of this second

brain can profoundly affect the first. Microbes living in the gut are responsible for digestion and metabolism, emotional control and mood stability, extraction of vitamins and nutrients from food, immune system response, and maintaining the integrity of the gut wall. Eliminate foods that wreak havoc on the gut, like sugar, alcohol, and processed foods. Adopting a plant-based diet filled with fruits and veggies allows good bacteria to flourish, leaving little room for harmful microbes to make themselves at home.

[World of Psychology](#)

Thank you for your continued Partnership,

Jaclyn O'Donnell

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Mission: Improve the quality of care and lives in Behavioral Health
for clients, families, providers and management.

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