
From: Credible Behavioral Health, Inc. <jaclyn.o'donnell@credibleinc.com>
Sent: Tuesday, October 2, 2018 2:01 PM
To: Credible Documentation
Subject: Credible Behavioral Health Clinical News and Information - September 2018

CREDIBLE

Behavioral Health Software



Clinical News & Information - September 2018

DEAR CREDIBLE,

In our September newsletter, you'll find news and information of interest to behavioral health clinicians. You can find a copy of this newsletter – along with our payer and billing newsletters, health care industry news, and product release notes – in Credible Help under General Information > Release Notes and Communications.

September Awareness

September was...

- Childhood Cancer Awareness Month
- Healthy Aging Month
- National Alcohol & Drug Addiction Recovery Month
- National Childhood Obesity Awareness Month
- National Traumatic Brain Injury Awareness Month
- Sexual Health Awareness Month

- World Alzheimer's Month

September was also...

- September 9–15, 2018 - [National Suicide Prevention Week](#)
- September 10, 2018 - [World Suicide Prevention Day](#)

If you are thinking about suicide and feel unsafe: **Call 1-800-273-TALK (1-800-273-8255)**. The **National Suicide Prevention Lifeline** is available 24 hours a day.

Federal Policies Impacting Behavioral Health

HHS Awards \$125 Million for Community Health Center Quality Improvement



The U.S. Department of Health and Human Services (HHS) announced \$125 million in Quality Improvement grant awards to 1,352 community health centers across all states, territories, and the District of Columbia. Funded by the Health Resources and Services Administration (HRSA), health centers will use these funds to continue to improve quality, efficiency, and the effectiveness of healthcare delivery in the communities they serve. This was announced during Health Center Week, the annual celebration highlighting the critical role community health centers play in providing high-quality, affordable, primary healthcare.

These grant awards promote continued community health centers in the following categories: expanding access to comprehensive care, improving care quality and outcomes, increasing comprehensive care delivery in a cost-effective way, addressing health disparities, advancing the use of health information technology, and delivering patient-centered care.

Source: [HRSA eNews](#) and the [FY 2018 Quality Improvement Awards Recipients](#)

Integrated Care for Kids (InCK) Model



The Center for Medicare and Medicaid Innovation Center is announcing a new model as part of a multi-pronged strategy to combat the nation's opioid crisis. The **Integrated Care for Kids (InCK) Model** is a child-centered *local service delivery* and *state payment model* aimed at reducing expenditures and improving the quality of care for children covered by Medicaid and the Children's Health Insurance Program (CHIP) through prevention, early identification, and treatment of priority health concerns like behavioral health challenges and physical health needs. The model will offer states and local providers support to address these priorities through a framework of child-centered care integration across behavioral, physical, and other child providers.

Behavioral health conditions in children and youth, including use of opiates and other substances, drive significant morbidity, health care utilization, and premature death. One in three children in Medicaid and CHIP have behavioral health needs, yet only one-third of those in need receive care. Furthermore, adolescent deaths from drug overdose are increasing and opioids caused over half of drug-related overdoses among youth in 2015.

Sources: [CMS Newsroom](#) and [CMS.gov](#)

Treatment Interventions



FDA Approves Bedtime ADHD Medication

The Food and Drug Administration has approved Jornay PM (extended-release methylphenidate capsules) for the treatment of attention-deficit/hyperactivity disorder (ADHD) in patients aged 6 years and older. The oral medication is a novel formulation of methylphenidate, which is taken in the evening in order to reduce the severity of early-morning ADHD symptoms the following day

Source: [APA Psychiatric News Alert](#)

Using Telehealth to Coordinate Care for Substance Abuse Disorders

As the nation struggles with a substance abuse and addiction crisis, providers are using telehealth platforms and mHealth tools to enhance care management and coordination.

Telehealth and mHealth are giving healthcare providers a well-stocked toolbox to treat people with substance abuse disorders and addiction issues, many of whom require around-the-clock, on-demand support and care coordination to stay on a treatment plan and avoid relapses. Connected health technology can make the biggest impact.

“Telemedicine for addiction will only become more mainstream in the years to come — so we’ve only begun to tap into its vast potential to connect millions of underserved people with the help and treatment they need,” adds Candice Rasa, LCSW, Clinical Director of the **Florida-based Beach House Center for Recovery**. Its polar opposite is not sobriety but connection, which is the very thing that telehealth advances can exponentially multiply.”



and [Arizona Telemedicine Program](#)

Mental Health America MHA Releases Back-to-School Toolkit for 2018-2019 School Year

In recognition of the challenges a new school year presents for children and adolescents, Mental Health America (MHA) is [providing new resources on student mental health](#) with an emphasis on web-based tools that can be easily shared across social media platforms.

This year, MHA has developed tools and resources to help increase understanding of how traumatic events can trigger mental health issues and is providing materials on the topic for parents, school personnel, and young people.

This year's toolkit includes fact sheets pertaining to:

- Understanding Trauma
- Recognizing Anxiety
- Recognizing Psychosis
- Recognizing Depression
- Preventing Suicide

Source: [MHA](#)

As Related to Credible

Telehealth/Telepsych: Credible can assist the fight against opioid abuse with ease of web-based access to client information when using telepsychiatry. Many Credible Partners are using this means of providing treatment remotely to hub or spoke sites, endorsing the ease of client record access and use of Credible Behavioral Health Software by the prescribers. Credible EPCS allows for easy electronic transmission of medications that traditionally needed to be printed and have a prescriber's pen/ink signature endorsed.

Credible eRx & EPCS: Credible provides the ability for Prescribers to create and send electronic prescriptions of controlled substances electronically (EPCS). This is a Credible Premium feature, please contact your PRM for more information.

Credible Care: We are happy to announce that new versions of **Credible Care for iOS** (v1.13), **Credible Care for Android** (v1.6), and **Credible Care for Windows** (v1.03) are now available!

Thank you for your continued Partnership,

Jaclyn O'Donnell

Executive Vice President

o. 301-652-9500 | f. 240-744-3086

e. jaclyn.o'donnell@credibleinc.com | w. www.credibleinc.com

Mission: Improve the quality of care and lives in Behavioral Health
for clients, families, providers and management.

301.652.9500 | info@credibleinc.com | www.credibleinc.com

This communication is proprietary and confidential to Credible and its Partners. No part of this document may be disclosed to a third party or published externally without prior consent of Credible Behavioral Health, Inc.