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To: Credible Documentation
Subject: Credible Behavioral Health Clinical News and Information - August 2017

CREDIBLE

Behavioral Health Software



Clinical News & Information - August 2017

DEAR CREDIBLE,

Based on Partner surveys and user group feedback, Credible is providing monthly updates on billing and payer, clinical, and industry news to help keep our Partner Community up-to-date. Below please find our monthly update focused on news and information relating to behavioral health clinicians. You can find all updates for billing and payer, clinical, and industry news in Credible Help under General Information > Release Notes and Communications.

Federal Policies

[New Reports from SAMHSA on QA Practices in Behavioral Healthcare Workforce](#)

The *Substance Abuse and Mental Health Services Administration* (SAMHSA) unveiled two new data reports on the state of quality assurance practices related to the workforce in substance abuse and mental health treatment facilities. These include continuing education requirements for staff, regularly scheduled case review with a supervisor, and case review by an appointed quality review committee.

[SAMHSA Announcement](#)

Mental Health Industry News

Why Do Adults Misuse Prescription Drugs?

The 2015 *National Survey on Drug Use and Health* (NSDUH) collects information on the reasons people misuse prescription psychotherapeutic drugs. This is an annual survey of the U.S. civilian, noninstitutionalized population aged 12 years or older, and is the primary source for statistical information on illicit drug use, alcohol use, substance use disorders, and mental health issues for this population.

[CBHSQ Report](#)

Handwritten Opioid Prescriptions Are More Prone to Mistakes

In contrast to those created electronically, handwritten orders for opioids contribute heavily to a trio of prescribing and processing errors, according to a small study of opioid prescriptions filled at an outpatient pharmacy.

[Johns Hopkins Medicines](#) & [Science Daily](#)

DREAMers at Greater Risk for Mental Health Distress

According to a new report, immigrants who came to the United States illegally as small children and who meet the requirements of the *Development Relief and Education for Alien Minors Act* are at higher risk for mental health distress.

[The American Journal of Psychiatry](#)

Treatment Interventions

12-Step Programs Plus Evidence-Based Care Show Promise for Young Adults

Combining the practices and philosophies of 12-step treatment programs with the motivational/cognitive-behavioral therapies currently being used to treat substance use disorders appears to produce better results in young people than the traditional program alone, according to a new study published in the journal *Addiction*.

[Wiley.com](#)

Ketamine for Depression Encouraging, but Questions Remain Around Long-Term Use

A systematic review into the safety of ketamine as a treatment for depression shows the risks of long-term ketamine treatment remain unclear.

[The American Journal of Geriatric Psychiatry](#) & [Science Daily](#)

Trauma-Informed, Mindfulness-Based Intervention Significantly Improves Parenting

Researchers found significant improvement in the quality of parenting among mothers who participated in a trauma-informed, mindfulness-based parenting intervention while also in medication-assisted treatment for opioid use disorder.

[Journal of Addiction Medicine](#)

Opioids and Obesity, not 'Despair Deaths,' Raising Mortality Rates for White Americans

Drug-related deaths among middle-aged white men increased more than 25-fold between 1980 and 2014, with the bulk of that spike occurring since the mid-1990s when addictive prescription opioids became broadly available, according to new research.

[International Journal of Epidemiology](#)

Clinical Trial Looks at Tramadol for Opioid Withdrawal

A randomized clinical trial compared tramadol extended-release with clonidine and buprenorphine for the management of opioid withdrawal symptoms in patients with opioid use disorder in a residential research setting.

[JAMA Psychiatry](#)

Thank you for your continued Partnership,

Jaclyn O'Donnell

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Mission: Improve the quality of care and lives in Behavioral Health
for clients, families, providers and management.

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