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Subject: Credible Behavioral Health Clinical News and Information - September 2017

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Behavioral Health Software



Clinical News & Information - September 2017

DEAR CREDIBLE,

In our September update of behavioral health news in the clinical space, you'll find news and information of interest to behavioral health clinicians. You can find all updates for billing and payer, clinical, and industry news in Credible Help under General Information > Release Notes and Communications.

Federal Policies

Inaugural meeting of interdepartmental serious mental illness coordinating committee (ISMICC)

The HHS ISMICC was established on March 15, 2017, in accordance with the 21st Century Cures Act, and is governed by the provisions of the Federal Advisory Committee Act. It is composed of senior leaders from 10 federal agencies including HHS, the Departments of Justice, Labor, Veterans Affairs, Defense, Housing and Urban Development, Education, and the Social Security Administration, along with 14 non-federal public members. The ISMICC reports to the Secretary of HHS or their designee. The Assistant Secretary for Mental Health and Substance Use chairs the ISMICC, with management and support services provided by SAMHSA. The committee held its first meeting on August 31, 2017, where members reviewed information on federal advances related to serious mental illness (SMI) and serious emotional disturbance (SED). The committee also discussed work groups, future meetings, and efforts to share information with Congress. [Meeting Materials](#) & [View the ISMICC Meeting Webcast](#)



SAMHSA published the *Behavioral Health Barometer, Volume 4*

This report presents national data about the prevalence of behavioral health conditions, including the rate of serious mental illness, suicidal thoughts, substance use, and underage drinking. The report also highlights the percentages of those who seek treatment for these conditions. The state-level Barometers contain valuable insight into the behavioral health needs and the unique challenges faced by communities across the country.

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Elinore McCance-Katz, M.D., Ph.D., joins SAMHSA as the Assistant Secretary for Mental Health and Substance Use

Dr. Elinore McCance-Katz has joined SAMHSA as the first Assistant Secretary for Mental Health and Substance Use. In this role, she works across federal agencies to bring the full force of the government to bear in support of the clinical priorities identified by Secretary Thomas E. Price to address the opioid epidemic and focus on the treatment and care needs of Americans with serious mental illness.

[HHS Announcement](#)



Mental Health Industry News



Dose of the World's largest school-based mental health programs

Many interventions have been designed to deliver preventive mental health services in schools, where children and teens spend so much of their time. Now a growing body of evidence shows that school-based mental health programs can be widely implemented and can lead to population-wide improvements in mental health, physical health, educational, and social outcomes. Approximately 13 percent of children and teens worldwide have significant mental health problems including anxiety, disruptive behavior disorders, attention-deficit/hyperactivity disorder

(ADHD), and depression. If left untreated, these disorders can remain throughout adulthood and have negative effects in many aspects of life.

Full Report: [Harvard Review of Psychiatry](#) • Free Summary: [Healthmedicinet.com](#)

Specialty mental health probation

In the current era of criminal justice reform, specialty probation holds substantial promise as a method for reducing mass incarceration for people with mental illness. In this longitudinal study that included 359 probationers with mental illness, specialty probation did not significantly reduce violence but substantially reduced rearrest rates. At 2 years, an estimated 28.6% of specialty probationers and 51.8% of traditional probationers had been rearrested.

[JAMA Psychiatry](#) & Free Summary: [UC Berkeley News](#)

Treatment Interventions

Depression and violence in adolescence and young adults

Emerging research suggests adolescent depression increases the risk of violence later in life. Using a longitudinal study design, investigators discovered a consistent pattern of teen depression then increased risk of later violence. Since both depression and violence are prevalent in adolescents and young adults, the findings indicate the importance of early detection and treatment of depression.

[American Academy of Child and Adolescent Psychiatry](#)

Older adults need more follow-up after ER screenings for suicide

Nearly half of adults over the age of 70 who committed suicide visited an emergency room in the year before their death. Researchers reviewed emergency room records of 800 people, including 200 older adults, and discovered 53 percent of older adults had a chief complaint involving “psychiatric behavior”, compared to 70 percent of younger adults; also, 93 percent of older adults had documented suicidal thoughts in the past two weeks, compared to 79 percent of younger adults.

[PsychCentral.com](#)



How your mind protects you against hallucinations

A new study has discovered that people who hear voices — both with and without a diagnosed psychotic illness — are more sensitive than other people to a 125-year-old experiment designed to induce hallucinations. The subjects’ ability to learn that these hallucinations were not real may help pinpoint those in need of psychiatric treatment,

according to researchers at Yale University.

[Sciencemag.org](#)

20-year progression of BMI in a county-wide cohort of people with schizophrenia & bipolar disorder

Nearly two-thirds of the participants with schizophrenia and over half of those with bipolar disorder were obese 20 years after first hospitalization for psychosis, considerably higher than the rate for adults in New York State (27%). Early intervention may be required to prevent long-term consequences of obesity-related morbidity and mortality.

[Bipolar Disorders](#) • Free Summary: [ScienceDaily.com](#)

[Inattentive kids show worse grades in later life](#)

Researchers studied children with and without attention deficit hyperactivity disorder (ADHD), and found that inattentiveness was linked to worse academic performance up to 10 years later, regardless of ADHD, even when accounting for the children's intellectual ability.

[Frontiers in Psychology](#)

Thank you for your continued Partnership,

Jaclyn O'Donnell

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Mission: Improve the quality of care and lives in Behavioral Health
for clients, families, providers and management.

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